

## South Bristol Ageing Well Update for Health and Wellbeing Board.

Earlier this year South Bristol Locality stood up an Ageing Well working group to begin work to progress both national and local priorities concerning the health and wellbeing of our elderly residents, including prevention.

This group is made up of partners across multiple organisations including Sirona, AgeUK, Wesport, Brunel Care Bristol City council, VCSE and will be expanded to ensure that clinical and lived experience informs decision-making processes.

The focus of meetings so far has been on the review of Population Health Management (PHM) data to help with the identification of a priority cohort for Anticipatory Care plans in year 1. That data is providing a wider view of the issues facing elderly residents in South Bristol to inform a longer-term strategy. Data demonstrates high incidence of Hypertension, Diabetes, COPD and Heart Disease in and the stark impact of inequalities in the incidence and management of those conditions. Emergency admissions in 65+ due to falls in Bristol has been significantly higher than the national average for the past 10 years and the South Bristol rate is higher than Bristol. With this data in mind, and with the information shared in this years JSNA, we will look to explore further how and why falls, COPD and Diabetes in particular presents in South Bristol and come together with colleagues across organisations to devise a plan to improve outcomes and reduce inequalities in these areas.

South Bristol has now undertaken a baselining exercise to allow for gap analysis of Anticipatory Care and PCN Enhanced Health Care Homes provision to ascertain assets and identify deficit areas that may require focus to achieve the objectives of Ageing Well.

The first stage of the pilot scheme decision making process is taking place from September to October of this year and to prepare for this the working group is actively engaging with 17 pilot schemes. We attended the pilot scheme launch events that took place earlier in July where each pilot got an opportunity to showcase their work. We have now begun work to agree how as a locality we will monitor the impacts as their work progresses so that when the time comes, we can make funding decisions that align with South Bristol's priorities.

An integrated care clinic supported by the pilot scheme has been hosted by Grange Road Surgery for lower leg wounds and has already seen positive feedback. Health promotion days have taken place in Imperial Apartments and Knowle West Health Park to offer support and information to those in areas experiencing deprivation, which has also been hugely successful.

To address health and wellbeing challenges further, we are considering the benefits of a Care Home Hub, to provide a holistic and personalised approach to residents. A South Bristol wide falls training offer is also in planning to improve access to knowledge and skills across care teams. Alongside this, we have begun closer working with acute partners by identifying how we in the locality can further reduce emergency admissions and support discharge from hospital.